Savonia University of Applied Sciences and the Student Health Care Services in Kuopio would like you to consider the following before starting your studies at Savonia:

- Keep your medical records of immunization up to date. Bring with you a document showing how many shots of vaccines you have been given and when they were given. Also find out if you have got chickenpox vaccine or you have suffered the disease of chickenpox.

- It is strongly recommended that you have been given the following vaccines against common infectious diseases such as:

  o Tetanus-diphtheria (DT, dT or dtap) three times
    Find out the dates: 1.____  2.____  3.____

  o Polio (IPV, OPV) administered three times during your life
    Find out the dates: 1.____  2.____  3.____

  o Measles, rubella and mumps (MMR or MPR) two doses
    Find out the dates:    1.____  2.____

**NOTICE:** Because of the measles epidemic in Europe, it is especially strongly recommended that you have got two vaccinations of MEASLES or have had the disease of Measles.

  o If you haven’t had these above, please take the vaccinations before you arrive to Finland.